

## Identifying the Correct Number of Classes in a Growth Mixture Model

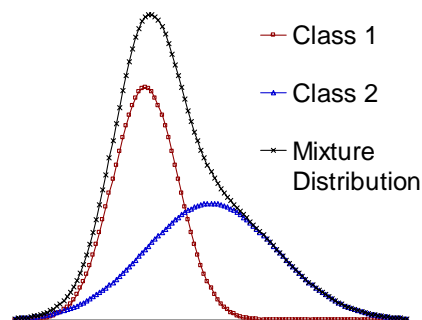
Davood Tofighi  
Craig Enders  
Arizona State  
University



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## Mixture Modeling

- **Heterogeneity exists such that the data are comprised of two or more latent classes with different distributions**



$$f(\mathbf{y}) = \sum_{k=1}^K \pi_k \phi_k(\mathbf{y}; \boldsymbol{\mu}_k, \boldsymbol{\Sigma}_k)$$



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## Growth Mixture Modeling (GMM)

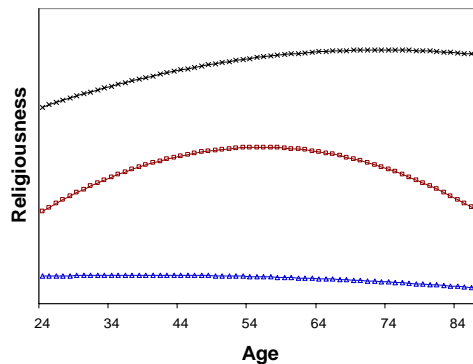
- $k$  latent classes with different growth trajectories and variance components
- Class membership may be related to covariates and distal outcomes
- GMM is analogous to a multiple-group growth model, but group membership is unobserved



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## Religiousness Example

- McCullough, Enders, Brion (2006)
- Three classes of religious development



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## Enumerating Latent Classes

- **How many trajectory classes are there?**
- **Information-based criteria**
  - BIC, AIC, etc.
- **Likelihood ratio tests**
  - Lo, Mendell, Rubin (2001)
- **Goodness of fit tests**
  - Tests based on model-implied skewness and kurtosis (Muthén, 2003)



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## Bayesian Information Criterion

- **Based on the log likelihood and penalty terms related to model complexity**

$$\text{BIC} = -2LL + p \ln(N)$$

- **The sample-size adjusted BIC (SABIC) replaces  $N$  with  $(N + 2) / 24$**



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## Akaike Information Criterion

- **Similar idea as the BIC ...**

$$AIC = -2LL + 2p$$

- **The consistent AIC (CAIC) is**

$$CAIC = -2LL + p(\ln[N] + 1)$$

- **A sample-size adjusted CAIC (SACAIC) replaces  $N$  with  $(N + 2) / 24$**



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## Likelihood Ratio Tests

- **Likelihood ratio tests can be used to compare a  $k$  versus  $k - 1$  class model**

$$LRT = -2(LL_{k-1} - LL_k)$$

- **The LRT is not chi-square distributed**
- **Class probabilities for the nested  $k - 1$  class model are at the boundary (zero)**



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## Lo, Mendell, and Rubin (2001)

- Derived an appropriate reference distribution for the LRT, and an ad hoc adjustment to the test statistic
- LMR and adjusted LMR (ALMR)
- A small  $p$  value suggests that the  $k$  class model is favored over  $k - 1$  classes



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## Bootstrapping The LRT

- The  $k$  and  $k - 1$  class models are fit to a number of bootstrap samples
- A  $p$  value for the LRT is obtained from the empirical reference distribution of bootstrapped LRT values
- See Nylund, Asparouhov, and Muthén (2006) for detailed simulation results



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### **Fit Tests Based On Multivariate Skewness And Kurtosis**

- **Model-implied skewness and kurtosis from the  $k$  class model are compared to the sample moments (Muthén, 2003)**
- **Analogous to the GOF test in SEM**
- **A large  $p$  value indicates that the  $k$  class model accurately reproduces the higher-order moments**
- **Herein referred to as MST and MKT**



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### **An Artificial Data Example**

- **An artificial data set ( $N = 1000$ ) was generated from a population with three trajectory classes**
- **A sequence of models was fit ( $k = 1$  to 4) to illustrate the class extraction process**



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## Analysis Results

	$k = 1$	$k = 2$	$k = 3$	$k = 4$
BIC	27333.77	26680.68	<b>26623.59</b>	26649.66
SABIC	27311.53	26633.03	<b>26550.54</b>	26560.73
LMR	N/A	$p < .001$	<b><math>p &lt; .001</math></b>	$p = .09$
BLRT	N/A	<b><math>p &lt; .001</math></b>	$p = 1.00$	$p = 1.00$
MST	$p < .001$	<b><math>p = .26</math></b>	$p = .82$	$p = .86$
MKT	$p < .001$	<b><math>p = .92</math></b>	$p = .49$	$p = .55$



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## More On The LRT

- Multiple  $k - 1$  class models are possible
- For example, when testing a 3 class model, three different 2 class models could result
- *Mplus* discards the first class when fitting the  $k - 1$  class model
- Starting values must be used to ensure that classes are ordered properly



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## Example

### Correct ordering

- 1-class model
  - $LL_1 = -13642.71$
- 2-class model
  - $LL_1 = -13642.71$
  - $LL_2 = -13288.53$
- 3-class model
  - $LL_2 = -13288.53$
  - $LL_3 = -13232.36$

### Incorrect ordering

- 1-class model
  - $LL_1 = -13642.71$
- 2-class model
  - $LL_1 = -13642.71$
  - $LL_2 = -13288.53$
- 3-class model
  - $LL_2 = -13265.72$
  - $LL_3 = -13232.36$



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## Purpose Of Study

- In the previous example, the fit indices did not agree on the number of classes
- Which index should be used to determine the number of classes?
- We designed a Monte Carlo simulation study to address this question



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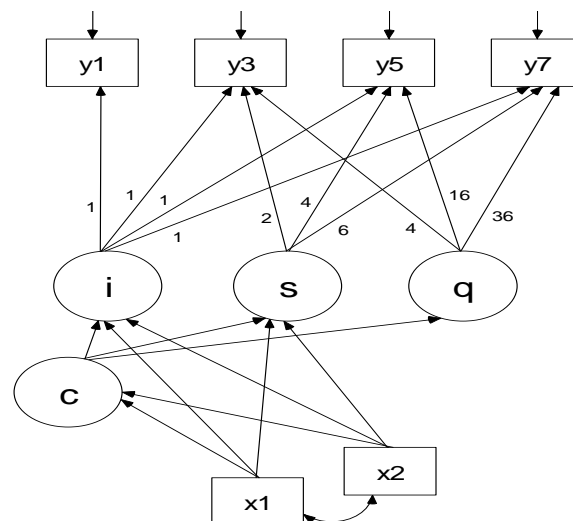
## Simulation Procedure

- Data were generated from a population with three trajectory classes
- A sequence of GMMs was fit ( $k = 2$  to  $4$ )
- Extraction was performed with and without covariates
- In what proportion of replications was the  $k = 3$  class model recovered?



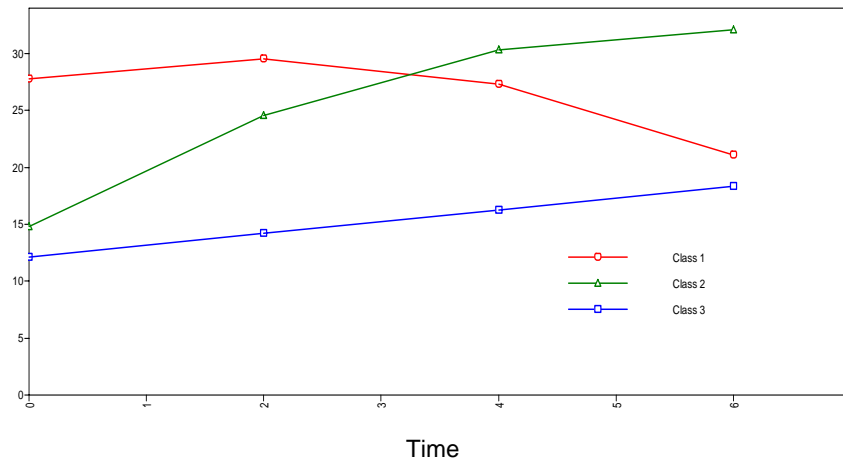
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## Data Generation Model



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## Population Trajectory Classes



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## Manipulated Variables

- **Number of repeated measures**
  - $t = 4, 7$
- **Sample size**
  - $N = 400, 700, 1000, 2000$
- **Mixing proportions**
  - 20%, 33%, 47% and 7%, 36%, 57%
- **Within-class normality**
  - $S = 0, K = 0$  and  $S = 1, K = 1$
- **Class separation**
  - “High” and “Low”



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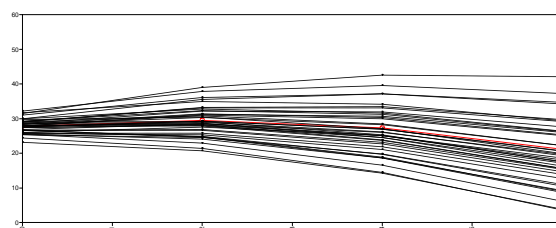
## Manipulating Class Separation

- Definition of separation is subjective, but based on previous experience (e.g., McCullough, Enders, & Brion, 2005)
- Within-class variance components were increased in magnitude to create the low separation condition
- Mean growth trajectories did not change

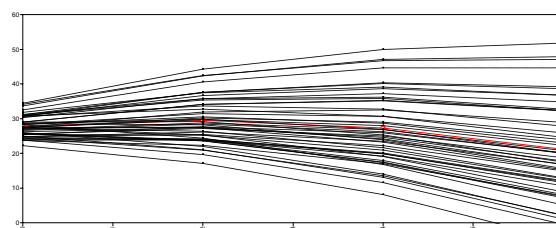


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## Class 1: High Versus Low Separation



High  
Separation

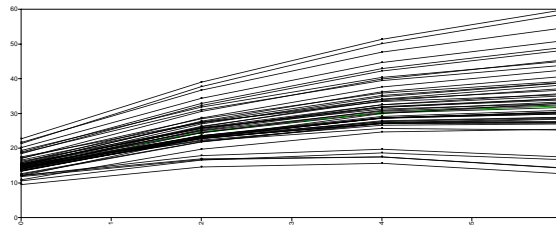


Low  
Separation

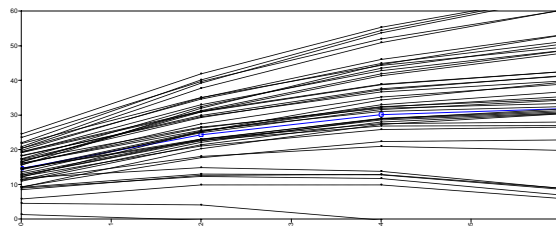


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## Class 2: High Versus Low Separation



High Separation

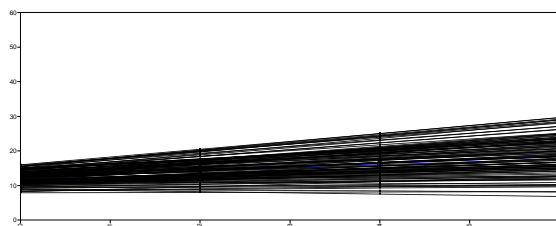


Low Separation

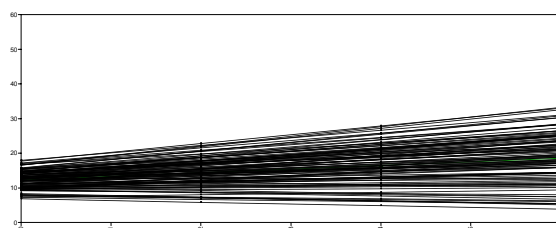


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## Class 3: High Versus Low Separation



High Separation



Low Separation



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## Average Class Probabilities

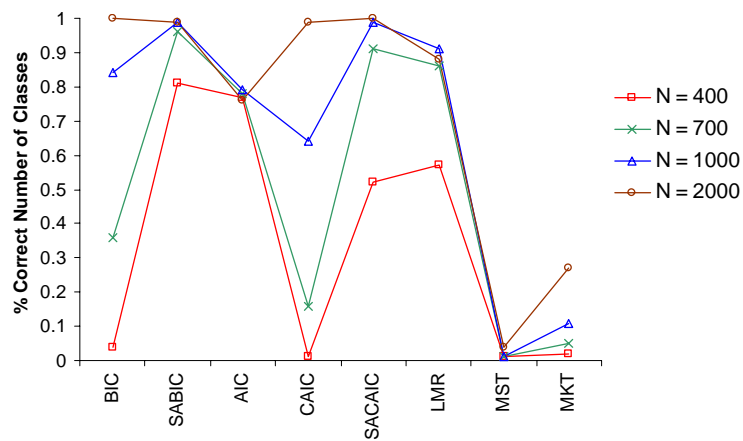
	Low Separation			High Separation		
	1	2	3	1	2	3
1	<b>.85</b>	<b>.03</b>	<b>.12</b>	<b>.91</b>	<b>.08</b>	<b>.01</b>
2	<b>.02</b>	<b>.81</b>	<b>.18</b>	<b>.05</b>	<b>.89</b>	<b>.08</b>
3	<b>.07</b>	<b>.13</b>	<b>.81</b>	<b>.01</b>	<b>.11</b>	<b>.89</b>



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## Sample Size (No Covariates)

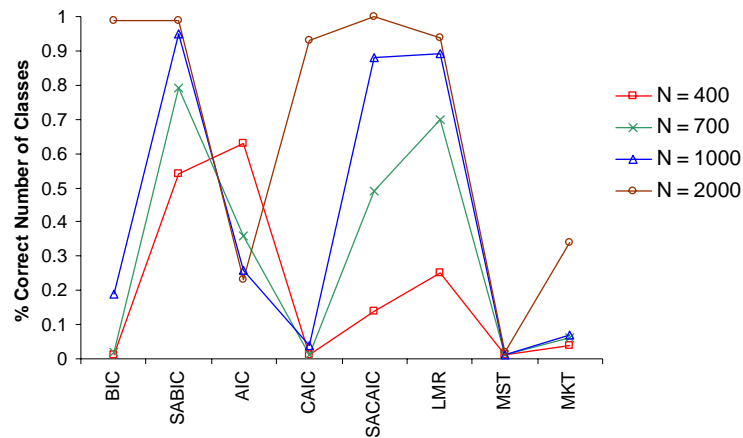
Normality, High Separation,  $t = 4$ , Proportions = 20:33:47



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## Sample Size (With Covariates)

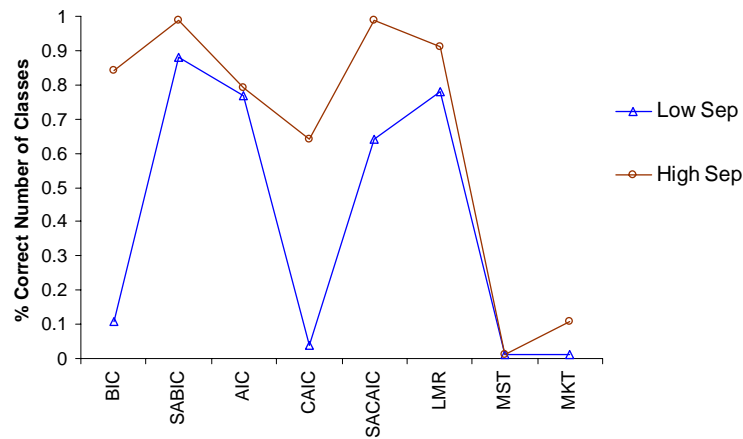
Normality, High Separation,  $t = 4$ , Proportions = 20:33:47



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## Class Separation (No Covariates)

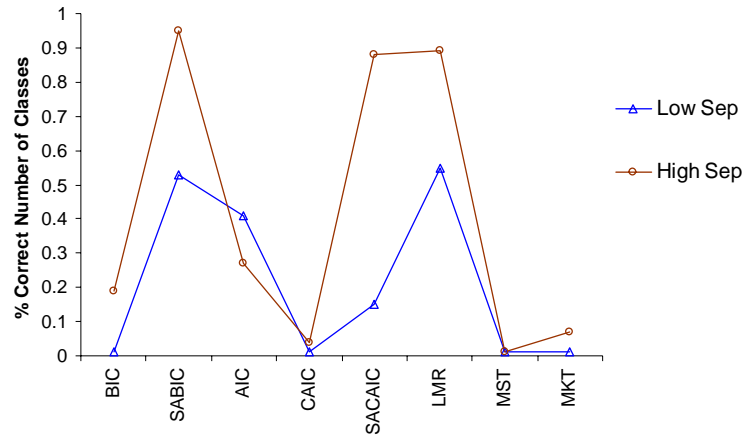
Normality,  $N = 1000$ ,  $t = 4$ , Proportions = 20:33:47



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## Class Separation (Covariates)

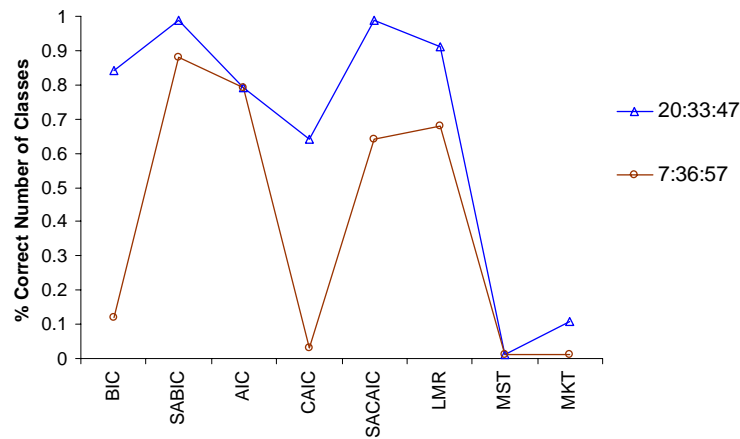
Normality,  $N = 1000$ ,  $t = 4$ , Proportions = 20:33:47



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## Mixing Proportion (No Covariates)

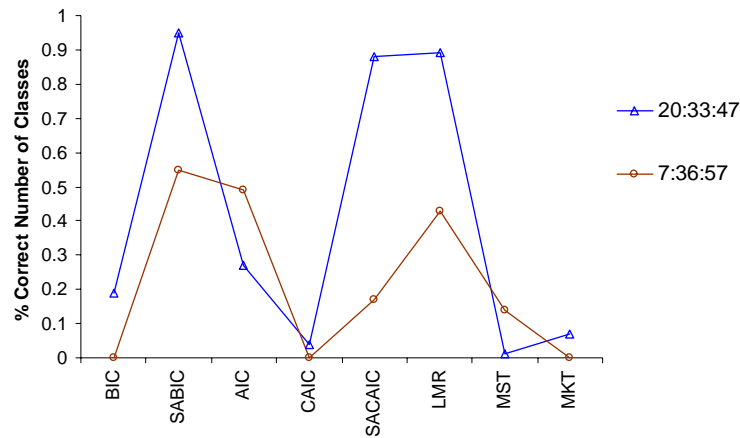
Normality,  $N = 1000$ ,  $t = 4$ , High Separation



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## Mixing Proportion (Covariates)

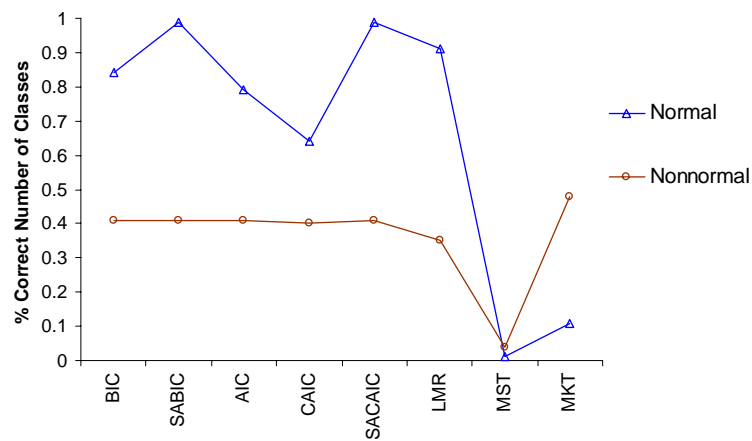
Normality,  $N = 1000$ ,  $t = 4$ , High Separation



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## Normality (No Covariates)

$N = 1000$ ,  $t = 4$ , Proportions = 20:33:47, High Separation

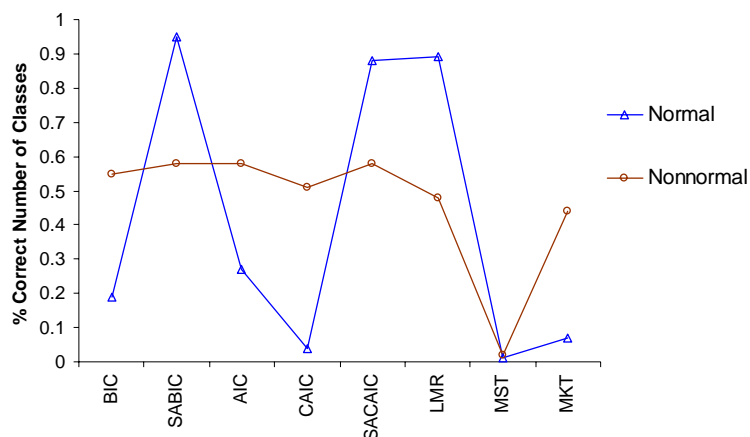


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## Normality (Covariates)

$N = 1000$ ,  $t = 4$ , Proportions = 20:33:47, High Separation



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## Information-Based Criteria

- The SABIC very accurately detected the number of latent classes
- At small  $N$ s, it had a slight tendency to extract too few classes
- Note that the  $k$  class model was retained if the SABIC decreased by any amount
- Other information-based criteria performed poorly



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## Likelihood Ratio Tests

- The LMR and ALMR performed well, but were somewhat less powerful than the SABIC
- LMR tended to extract too few classes at small  $N$ s, and too many classes at large  $N$ s



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## MSK and MKT

- MSK and MKT uniformly extracted too few classes
- The performance of these measures may be model-dependent
- MSK was slightly more accurate than the LMR in a pilot study with a slightly different set of mixture distributions



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## The Use Of Covariates

- The inclusion of covariates dramatically decreased power, and resulted in the extraction of too few classes
- e.g., At  $N = 400$ , the SABIC extracted two classes 39% of the time, compared to 14% when covariates were excluded
- The use of covariates should be avoided unless  $N$  is very large



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## Nonnormal Data

- Mild violations of within-class normality led to the extraction of too many classes
- None of the tests we studied was immune to this problem
- Is bootstrapping the LRT a solution?



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## Bootstrapping The LRT

- Preliminary results suggest that the bootstrap is less powerful than the LMR
- e.g., The  $k = 2$  class model was correctly rejected about 75% and 10% of the time in the high and low separation conditions, respectively
- See Nylund, Asparouhov, and Muthén (2006) for detailed simulation results



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## How Likely Is Over-Extraction?

- Extracting too many classes **frequently** produced problematic solutions (e.g., negative variances, unstable solutions)
- Estimating class-specific variances probably prevents over-extraction
- Invoking constraints to attain convergence (e.g., fixing variances to zero) is likely a sign of over-extraction



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